



# Who We Are & What We Do

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[www.themensproject.ca](http://www.themensproject.ca)

# From Our Mission Statement:

We strive to support men, in a process of change, with structure and integrity. We provide mental health services to men and their families...

...We provide innovative counselling and educational services through a male-centred approach that honours and respects the experiences of men.

# Key Information about TMP

- Established in 1997.
- Incorporated charitable organization.
- Voluntary Board of Directors.
- Staffing Composition:
  - Executive Director,
  - Intake Services Coordinator,
  - Clinical Supervisor,
  - Clinical Associates (6),
  - Contract Therapists (6),
  - Administrator/Project Manager.
- An active Intern Program.



## **Clinical Services:**

### **Men & Healing Program for Male Survivors:**

- Ottawa (7) (Ministry of the Attorney General)
- Concurrent Disorder Program (CMHA sponsored)

### **Individual, Couple & Family Therapy:**

-Ottawa: Fee for Service, Extended Insurance, Purchase of Service CICB, FNIHB, DND, City of Ottawa, and others.

### **Group Therapy Programs:**

- Anger Management
- Emotional Intelligence
- Fathering Program

# Services for Male Survivors

funded by Ministry of the Attorney General

## *Assessment Interview:*

## *Men & Healing Phase I Program:*

- psycho-educational curriculum-based support (8 weeks)

## *Men & Healing Phase II Program:*

- Insight-oriented trauma-centred therapy (repeating cycles of 10 weeks to a maximum of 5 cycles).
- Ottawa (6) Nepean (1).

## *Men & Healing Phase III:*

- Self-guided therapeutic engagement with the broader community.

# Responding to the Needs...

- the only sexual abuse treatment program for men in Ontario (funded by Ministry of the Attorney General).
- Managed the **First Provincial Conference on Male Sexual Victimization** (Men of Courage, Toronto, 2008).
- Had official standing in the **Cornwall Public Inquiry**.
- Operates a **Canada-wide training service** for issues of concern to men and their families (USA training collaboration set for Fall, 2010).
- Winner of the **Attorney General's Victim Services Award of Distinction for Service Innovation** (2007).
- **Guidebook on Services for male survivors** commissioned by the Cornwall Public Inquiry (2009).



# Reflections on the Cornwall Public Inquiry

# CPI - Final Report

## Quotes re: Victim Services

- “When faced with allegations of historical abuse, institutions were ill equipped. They did not understand the serious impact of abuse, or about responses typical of boys and young men.”
- “Lack of training, particularly in the area of historical abuse and abuse of boys and young men, hampered even well-intentioned individuals.”
- “There must be an end to the perception that survivors of abuse are “irritants”. In particular, the needs of male victims must be addressed.”

# CPI - Final Report

## Quotes re: Victim Services

- “It is my view that a strategic plan must be put in place for services for men in Ontario who have suffered abuse. I have made clear the considerations that must go into such a plan - it is not just what is the cheapest delivery system.”
- “Ontario needs more than piecemeal responses. Men need integrated and coherent plans for services [for victims] and a way of tracking and measuring implementation and effectiveness of services. Right now, there is no integrated plan.”

# CPI - Final Report

## Quotes re: Victim Services

- “Organizations with expertise in serving male survivors need to be sustained to give the know-how and advice that could result in an effective strategic plan for the future.”
- “This inquiry has raised awareness of the reality and impact of male sexual victimization. Your sons, brothers, fathers and male friends deserve better.”

# TMP Recommendations & CPI Response

- Proposed: “province wide specialized victim treatment service centres for male survivors of sexual abuse/assault” be established.
- Response: “ strategic direction and implementation.”
- Proposed: “A province wide training program so that [male survivors] best can be best serviced by existing helping professionals.”
- Response: yes, within different Ministries.

# TMP Recommendations & CPI Response

- *Proposed:* "Province wide public education campaign"
- *Response:* Yes, recognized as a need.
- *Proposed:* Provincial demonstration project be undertake and to provide services to "victim/perpetrators"
- *Response:* TMP should be one of five provincial demonstration sites.

# For Additional Resources:

- For clinical services: (613) 230-6179
- For training info:  
    rgoodwin@themensproject.ca
- To subscribe to our newsletter *Manifestations*:  
[www.themensproject.ca](http://www.themensproject.ca)
- TMP American collaborative partner:  
[www.1in6.org](http://www.1in6.org)
- Internet resource for male survivors:  
[www.malesurvivor.org](http://www.malesurvivor.org)